

○ About Ahadi Kenya Trust

Ahadi Kenya Trust is a Non Governmental Organization started in 2007 and whose major activity is to eradicate jiggers.

We work in partnership with the Ministry of Public Health, Ministry of Provincial Administration, Corporate bodies, NGO's, Media and the Community.

Our Vision:

A promise for a better, healthier life.

Our Mission:

To create a better life for people, a promise to bridge the poverty gap by empowering poor communities.

Our Objective:

To halt and reverse the spread of jiggers (*Tunga penetrans*)

Our Values:

1. Professionalism: The Staff and volunteers engaged by Ahadi Kenya Trust acts at all times with integrity, providing quality service, being reliable and responsible.
2. Responsiveness: Ahadi Kenya Trust will advocate and influence the development of policy that will inform the management of jiggers in Kenya.
3. Diversity: Ahadi Kenya Trust embraces the diversity of all Kenyans. We believe that both men and women must be equitably and actively involved in decision making and problem solving in order for the community to thrive.
4. Partnership: Ahadi Kenya Trust will nurture and foster partnership with relevant stakeholders with a view to achieve its objectives.
5. Advocacy: Ahadi Kenya Trust will continue to create awareness and build capacity on pertinent issues towards our goal of bridging the poverty gap and enhancing the realization of jigger free society.
6. Financial Sustainability: Ahadi Kenya Trust believes that our work must never be challenged by lack of resources and therefore commits to sustainable financial and fundraising strategies.

○ Our Network

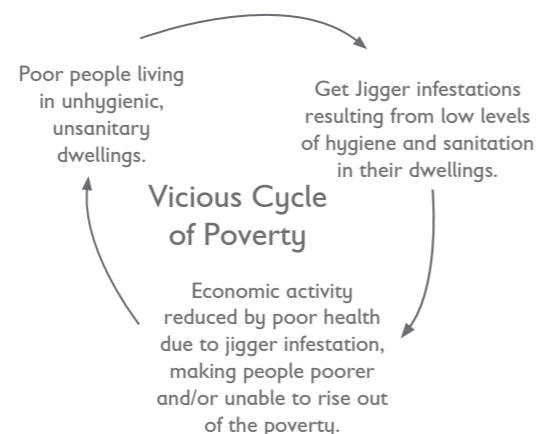
Kenya - All counties
Tanzania - Arusha & Moshi
Uganda - Mayuge

○ What is a jigger?

It is a small pin head sized flea found in sandy terrain of warm, dry climates. It prefers deserts, beaches, stables, stack farms, and the soils and dusts in and around farms. It hides in the crevices and hairy cracks found on the floors, walls of dwellings and items like furniture. It feeds on their warm blooded hosts including man, cats, dogs, rats, pigs, cattle and sheep.



○ Causes of jigger infestation?



○ How it causes disease

The impregnated female flea feeds by burrowing into the skin of the host skin under the toe or fingernails resulting into a sore. As the flea continues to feed on the host's blood it enlarges and forms a round sack full of eggs with the shape and size of a pea. The flea releases the eggs and is slowly sloughed from the host's skin. Natural extraction of the egg sack or removal of the jigger with dirty pin or needle leaves a tiny pit in the skin which may develop into a sore. Heavy infestation of the results in toes filled with pus, which may lead to infection, inflammation, ulceration, fibrosis, lymphangitis, gangrene, loss of toenail, auto-amputation of the digits and death. Sharing of pins and needles also spreads HIV.

○ Effects of Jigger infestation

- High rate of school dropout and poor performance
- Unable to exercise democratic rights, e.g. Voting
- Inability to walk easily due to pain in the affected areas
- Inability to carry out normal day to day activities like working or playing

- Creates more poverty
- Low self esteem resulting from the stigmatisation
- Infections such as HIV/Aids are passed from person to person due to sharing of pins and needles while removing jiggers
- Disability as people with severe infestation are unable to walk or use their hands
- Death

○ Treatment

- Wash affected areas with clean water and soap
- Dry the cleaned areas.
- Soak affected area in a potassium permanganate or disinfectant for 15 minutes.
- Apply petroleum jelly or other oil to soften the skin.
- Repeat the above procedure three times a day for two weeks.

○ Preventive measures

To completely eradicate jiggers, the victims' homes should be thoroughly fumigated. Animals that may be carrying the fleas should also be treated. Victims and their families should also be educated on the need to observe hygiene. Wearing shoes should be encouraged to ensure that the flea does not find entry into ones feet. In infested areas, people should check their feet daily for freshly burrowing jiggers which are visible as small black spots which cause an itchy sensation.

The fleas may also be deterred by an insect repellent applied to the skin-although walking barefoot in dirt quickly removes the repellent. Locating the jiggers' hiding place and burning or spraying the said area with an insecticide would also help kill the jiggers.

○ We appeal for partnerships in;

- Ambulance Mashinani
- Usafi Bora - Zuia Funza
- Fukuza Funza na Kiatu
- Treatment and Rehabilitation
- Medication
- Sanitation equipment
- Fumigation materials
- Capacity Building
- Empowerment
- Shoes & Clothing
- Volunteering

○ Our awards

- Talent Ambassador for East and Central Africa - ICIE - 2014
- Honorary Rotarian - Kikuyu Rotary Club - 2014
- London Olympics touch bearers - 2012
- Children's Rights Media Awards - 2011
- Marketing Society of Kenya Warrior Award 2011 - MSK
- Millennium Developments Goals Awards (MDGs) - 2011
- International African Achievers Awards 2011 - AFIA
- Ambassador for peace Award - Universal Peace Federation
- Volunteer involving organisation of the year Award 2010 - VOYA
- Volunteer of the year 2010 - COSA
- Head of State Commendation (HSC) - President of the Republic of Kenya - 2009
- Pure and Nature Award - BIDCO - 2009
- Honorary degree of Doctor of Philosophy in humanities - Universal University - 2009
- Humanitarian of the year award 2009 - Laico Regency
- Global leadership and management Award 2009 - USAID.
- Woswa young Achievers Award 2009 - WOSWA

○ Our achievements

- Advocating the government to come up with the National Policy Guidelines for Prevention and Control of Jiggers
- Creating jigger infestation awareness in Kenya, Uganda and Tanzania
- Registering millions jigger infested Kenyans.
- Facilitation of Ambulance Mashinani to take patients to hospitals.
- Opening jigger help centers in Kenya, Uganda and Tanzania.
- Provision of treatment and medication to patients.
- Rehabilitation and empowerment of recovered patients.
- Fumigating homesteads and schools.
- Distribution of new pairs of shoes, clothing and food in schools and communities.
- Training and educating volunteers and social workers.
- Rescuing and referring severe jigger infestation to different hospitals.
- Initiated hygiene clubs in Primary Schools in Kenya.
- Initiating bee-keeping, rabbit-keeping, Chicken rearing and banana planting projects to generate income and break the poverty cycle.
- Creating partnership with all the stakeholders including the government and private sector.

From top to bottom: Jigger infested toe, Ambulance Mashinani patient rescue, Recovered family gets a new home, Empowerment by banana farming and shoe distribution.



You helped remove a jigger!

Our children are going to school and enjoying their education just like their friends. Their feet and hands are now recovered from jiggers, they are able to walk, write and concentrate in school. Their stigma has gone down and their self-esteem has improved. They can now play and mix freely with other children. Their performance has now improved in school. As their parents, we are now engaging in livestock and agricultural farming and can now afford to buy our children proper sanitation equipment, medicine, shoes and learning materials.

Ahadi Kenya Trust has changed our lives and those of our children.



ahadi
KENYA TRUST
THE ANTI-JIGGER CAMPAIGN

House No. J2, Jamuhuri Crescent
off Kabarnet Road, Ngong Road

P.O. Box 73453-00200 Nairobi, Kenya, Tel: +254 20 2020881
Cell: +254 713 477 621, email: admin@jigger-ahadi.org

Follow us on @ahadikenyastrust on facebook, twitter, google+, Instagram, YouTube

www.jigger-ahadi.org

Help remove my jigger!

We want to go to school, and enjoy free education, just like our friends. But our feet and hands are covered in jiggers making us unable to walk, write or concentrate in school. Some children in our school and village taunt and harass us due to our condition. We love sports, but we cannot play because our hands and feet are sore. Jiggers have affected both our school work and play. Our parents cannot afford to build us proper sanitation equipment, or buy us medicine, shoes or learning equipment.

Please help us remove the jiggers from our bodies so we can learn and play, just like other children.



AHADI KENYA TRUST
Profile

The Anti-Jigger Campaign