

Steps to treat a jigger infested person.

### History

Poverty and poor hygiene are the major causes of jiggers. To completely eradicate jiggers, Ahadi Kenya Trust has been undertaking different activities to change the lives of those affected. The activities include; identifying those infested with jiggers, intervention methods, training and educating the community, empowering the communities and finally rehabilitating the victims back to normal lives. Through all this activities, the main objective is to eradicate poverty, reverse and halt the spread of jiggers.

This process should be repeated 3 times a day for a period of two weeks. After which the patient can wear closed shoes comfortably to prevent further infestation.

### Oiling

- Apply some petroleum jelly or moisturizing lotion to prevent the feet from cracking
- The patient can then wear slippers if available. They should avoid closed shoes immediately after treatment.

Reason: To soften the skin and suffocate the jiggers more

### Treatment

- Soak the cleaned feet/hands or infected area in the potassium permanganate solution for 15 minutes (mixing ratio: 5liters of water to 1 tablespoon of potassium permanganate)
- Let the feet dry for about 10-20 minutes depending on the weather

Reason: To suffocate the jiggers to death

### Washing

- Clean the patient's feet/hands or infected area in clean water with soap
- Cut the nails short
- Rinse the feet
- Pour the dirty water in the designated area

Reason: Allows you see the extent of infestation

### Preparation

- Identify a patient
- Put water in the basin
- Wear a clean pair of gloves
- Engage in conversation with the infected person. Ask them their name, etc
- Identify the infected areas

Reason: Get ready for the process

### Items

- Basin
- Soap
- Petroleum jelly
- Small towel
- Nail cutter
- Water
- Disinfectant

Reason: Materials needed to treat jiggers

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## Fumigation Process

Fumigation is recommended for homes and schools because most of people get reinfection after the treatment if the homes are jigger infested.

### Step 1 - Preperation

You need a mask, gloves, slasher and broom.

1. Cut overgrown bushes.
2. Sprinkle water to rid off loose soil.
3. Sweep the house.
4. Sweep the compound.
5. Collect all rubbish in the compound and burn in the pit.

### Step 2 - Fumigation

There are two ways to fumigate:-

#### 1. By use of Sevin Powder:

You need a mask and gloves.

- Use a mask to cover your nose to avoid inhaling the powder.
- Sprinkle the powder on all cracks on the walls and floor, both inside and outside.
- Sevin powder should be used once every 2 weeks until all there are no more fleas.

#### 2. By use of Icon Solution:

You need a mask, gloves and spray pump.

- Cover your nose with a mask.
- Mix the solution, 62.5ml to 10 liters of water in the spray pump.
- Spray all corners, the walls and cracks inside and outside the house.
- Icon solution is used once in six months all pests in the homestead should be dusted in sevin powder and the cattle taken to the dip at least twice a year.

# AHADI KENYA TRUST

## THE ANTI-JIGGER CAMPAIGN

# TREATMENT PROCESS GUIDE

*From pins and painful ... to pinless and painless*



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