

Help remove my jigger!

We want to go to school, and enjoy free education, just like our friends. Our feet and hands are infested with jiggers making us unable to walk, write or concentrate in school. Some children in our school and village taunt and harass us due to our condition. We love sports, but we cannot play because our hands and feet are sore. Jiggers have affected both our school work and play. Our friends died at an early age due to lack of medical care. Our parents cannot afford to build us proper shelter or buy for us medical and sanitation equipments. Some of our parents are disabled and are unable to access medical care leave alone excising their basic rights. Our mothers are giving birth in an undignified manner.

Help Us!



ahadi
KENYA TRUST
THE ANTI-JIGGER CAMPAIGN



“Recognizing that all health issues are interrelated, the Beyond Zero initiative partnered with Ahadi Kenya Trust to expand health care to rural communities through Ambulance Mashinani. I also take this opportunity to thank all the other partners in the public and private sector who have also contributed towards Ahadi’s success; together we have made great progress.”

H.E. Margaret Kenyatta, The First Lady of the Republic of Kenya
In 2017 during Ahadi Kenya Trust 10 year celebration.

“Where did we go wrong that jiggers can still torment people in the 21st century?”

H.E. Daniel arap Moi, Former President Kenya
Speaking during the Kenya we Want conference at KICC in 2010.



“Everybody comes from a village and a community that has transformed them. The best thing that we can do for our communities is to give back to them. I want to thank Ahadi Kenya Trust for coming today to give shoes.”

H.E Mrs Rachael Ruto

Speaking during an anti-jigger medical clinic and shoe distribution camp in Kakamega County in 2016.

“ We have to individually talk to our governors, and I am glad that the senate is here to make sure that they understand that this is a problem we have to deal with. His Excellency the President; he called me about jiggers and said, “What are you going to do about eradicating this menace?”

James Macharia, CS Ministry of Transport & Infrastructure

Speaking during the launch of the policy as Cabinet Secretary for Health in 2015.



“County Directors of Education who are here, who are listening to me, you should begin to map out your counties... tell us the schools that are affected by jiggers because we will only do reasonable things if we map out all these areas... We are reviewing our curriculum so that we have a new curriculum and prepare our children for the 21st century. How can we prepare our children for the 21st century but they have jiggers?”

Dr. Fred Matiangi, CS, Ministry of Education, Science and Technology

Speaking during an anti-jigger medical clinic and shoe distribution camp in Kakamega County in 2016.

“I am happy that Kenyans in general, the government and other partners have joined the campaign. I wish to thank the Government for the National Policy Guidelines of Prevention and Control of Jigger Infestation as well as setting aside March 3rd as the National Jigger Awareness Day. I want to tell Kenyans that we don’t give because we have excess. We give because we have access.”

Dr Stanley Kamau HSC, Executive Founder/CEO, Ahadi Kenya Trust

In 2017 during Ahadi Kenya Trust 10 year celebration.



“In the coming financial year, we hope to conduct a comprehensive, nation-wide baseline survey of jigger infested people and households and their characteristics. The results of the study will help us to lay out better strategies and work plans for the control and eventual elimination of jiggers. It will also help identify areas mostly affected by jiggers and the conditions that render some households vulnerability to jiggers infestations.”

Dr Kepha Ombacho PhD, MBS, Ministry of Health

In 2017 during Ahadi Kenya Trust 10 year celebration.

“It was an honour partnering with you in the fight against jigger infestation and eradication programme in various communities in Kenya as we implemented our corporate social responsibility role.”

Dr. Anthony Omerikwa, CEO/Managing Trustee, NSSF

When commenting on their partnership with Ahadi Kenya Trust in 2016.



“From my political background and work with grassroots communities, I thought I had gone to the lowest of the lowest until I joined the anti-jigger campaign 10 years ago. The level of poverty I have witnessed has taught me to appreciate how privileged I am and so are many other Kenyan’s and how much all of us have to share with the less privileged”

Joseph Mathai, Programmes Director, Ahadi Kenya Trust

In 2017 during Ahadi Kenya Trust 10 year celebration.

“If jiggers can totally disable you so that you are unable to go to school, then this is very sad because Kenya is a very progressive country. We need to watch out as a nation.”

Dr Edah Gachukia, Educationalist

Speaking while handing over assorted items donated by pupils of Riara Group of Schools in 2012.



“Nimefurahi sana na maendeleo hii ya Ahadi Kenya, naomba serekali ya Kenya isaidie.”

Mama Sarah Obama

Speaking during shoe distribution exercise in Siaya county in 2015.

About Ahadi Kenya Trust

Ahadi Kenya Trust is a Non Governmental Organization started in 2007 and whose major activity is to eradicate jiggers.

We work in partnership with the Ministry of Public Health, Ministry of Provincial Administration, Corporate bodies, NGO's, Media and the Community.

Our vision:

A promise for a better, healthier life.

Our mission:

To create a better life for people, a promise to bridge the poverty gap by empowering poor communities.

Our objective:

To halt and reverse the spread of jiggers (*Tunga penetrans*).



What is a jigger?

It is a small pin head sized flea found in sandy terrain of warm, dry climates. It prefers deserts, beaches, stables, stack farms, and the soils and dusts in and around farms. It hides in the crevices and hairy cracks found on the floors, walls of dwellings and items like furniture. It feeds on their warm blooded hosts including man, cats, dogs, rats, pigs, cattle and sheep.

Causes of jigger infestation?



How it causes disease

The impregnated female flea feeds by burrowing into the skin of the host skin under the toe or fingernails resulting into a sore.

As the flea continues to feed on the host's blood it enlarges and forms a round sack full of eggs with the shape and size of a pea. The flea releases the eggs and is slowly sloughed from the host's skin. Natural extraction of the egg sack or removal of the jigger with dirty pin or needle leaves a tiny pit in the skin which may develop into a sore. Heavy infestation of the results in toes filled with pus, which may lead to infection, inflammation, ulceration,

fibrosis, lymphangitis, gangrene, loss of toenail, auto-amputation of the digits and death. Sharing of pins and needles also spreads HIV.

Where jiggers attack

Hands, feet, knees and other parts of the body.



Effects of jigger infestation

- High rate of school dropout and poor performance
- Unable to exercise democratic rights, e.g. voting
- Inability to walk easily due to pain in the affected areas
- Inability to carry out normal day to day activities like working or playing
- Creates more poverty
- Low self esteem and trauma resulting from the stigmatization
- Infections such as HIV/Aids and tetanus due to sharing and use of unsterilized needles
- Disability as people with severe jigger infestation may lose their limbs
- Jigger related complications may lead to death

Preventive measures

To completely eradicate jiggers, the victims' homes should be thoroughly fumigated. Animals that may be carrying the fleas should also be treated. Victims and their families should also be educated on the need to observe hygiene.

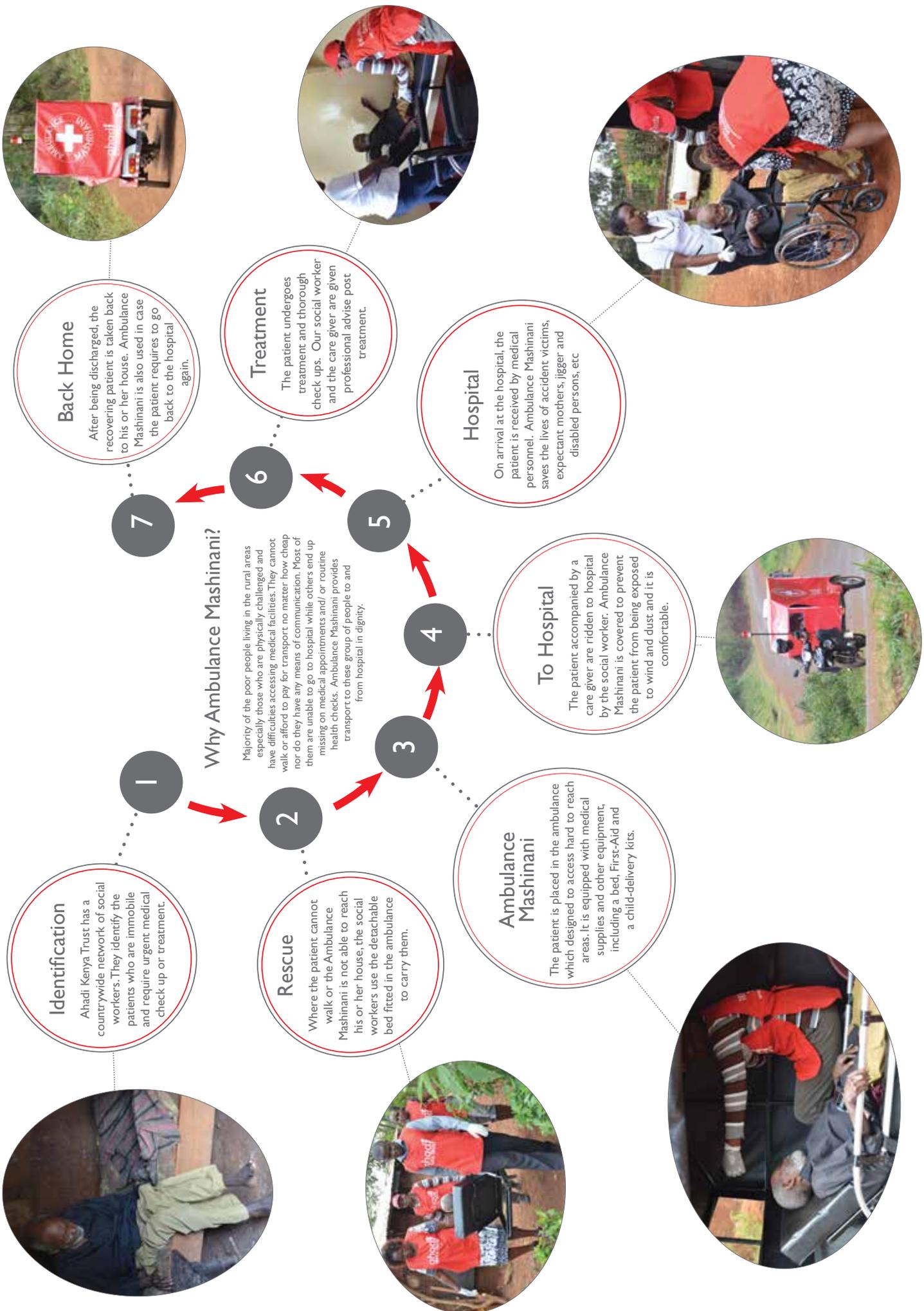
Wearing shoes should be encouraged to ensure that the flea does not find entry into ones feet. In infested areas, people should check their feet daily for freshly burrowing jiggers which are visible as small black spots which cause an itchy sensation.

The fleas may also be deterred by an insect repellent applied to the skin-although walking barefoot in dirt quickly removes the repellent. Locating the jiggers' hiding place and burning or spraying the said area with an insecticide would also help kill the jiggers.

Treatment Process



Ambulance Mashinani



Activity Hig

Awareness and Advocacy



A jigger infested foot.

Ten years ago, only the affected knew about the jigger menace in Kenya. Ahadi Kenya Trust has raised awareness internationally. This has been done through electronic and print media, community radio, and also through community groups like churches. Ahadi Kenya Trust has also established a helpline where the public can seek advice on jigger-related issues.

Intervention



Jigger infested children being treated during a medical camp.

The treatment of jigger-infected persons was a key objective of Ahadi Kenya Trust. Before Ahadi, victims used pins and other sharp objects to extract jiggers, which exposed them to other infections like tetanus. Ahadi Kenya Trust pioneered a 'pin-less and painless' method of suffocating the parasites, whereby the patients dip the infested areas in a disinfectant three times a day for two weeks. We also undertook fumigation of both homes and schools to get rid of the jigger-causing flea. In cases of severe infection, Ahadi Kenya Trust referred the victims to hospitals for specialised treatment. Jigger-infected people are often at the bottom of the poverty cycle. Most cannot afford decent food and clothing. Ahadi Kenya Trust has been distributing foodstuff, beddings, sanitary towels, and clothes to the affected families.

Capacity Building



Volunteers being trained on prevention and control of jiggers.

When we realised that the number of those affected are in millions, and in every county, Ahadi Kenya Trust came up with capacity-building programmes. We trained Community Health Workers, NGOs, school communities, care givers, social workers and thousands of volunteers. Today, we have people in each county who are conversant with jigger eradication methods. Ahadi Kenya Trust came up with educational materials and implemented Hygiene Clubs in schools. The success of the capacity building programmes is evident from the number of NGOs that have adopted jigger eradication projects, since 2007.

Prevention and Control



School going children displaying their new shoes during a shoe distribution campaign.

One of the major causes of jigger infestation among school children is lack of footwear. Ahadi Kenya Trust launched a programme 'Fukuza Funza na Kiati', whereby we gift pupils from poor families with new pairs of shoes. Ahadi Kenya Trust, together with other partner organisations, have so far distributed millions of shoes and the target is to ensure that no child goes to school barefoot. Ahadi Kenya Trust also came up with the 'Usafi Bora' campaign, which educates the school community and the general public on good hygiene practices in their classrooms, homes and environment.

Access to Healthcare

During our home visits, Ahadi Kenya Trust came across jigger-afflicted young expectant mothers who had never accessed pre or anti-natal care. This was due to immobility occasioned by jigger infestation. Others that had been lucky to be taken to public hospitals had been transported there on motorbikes, wheelbarrows or carried on sacks, causing more injuries to the patients. We devised a more dignified way of transporting the expectant mother dubbed 'Ambulance Mashinani' (Village Ambulance). This is an innovation where a light-weight caravan (equipped with a First Aid kit and stretcher) is powered by a motorcycle and is thus able to access any location, especially those prohibitive to motor vehicles. Some of the ambulances are fitted with ultrasound machines and Philip's Children's Respiration Monitor (CHARM) device to examine mothers and children for pneumonia at the comfort of their homes.



A pregnant mother undergoing anti-natal care screening and testing in her home.

Highlights

Ahadi Kenya Trust has created awareness locally and community forums, public health/hygiene campaigns, and has opened information centres countrywide, where

Poverty is a major cause of jigger infestation. To break the poverty cycle, Ahadi Kenya Trust has initiated various livelihood projects that continue to empower communities through self-reliance and sustainability. The income-generating projects include banana farming, chicken rearing, rabbit-keeping, apiary and weaving. We have also created value-addition for their farm produce. The formerly jigger infected people are today able to buy clothes, food and educate their children.



Fully recovered jigger victims carrying bananas from their farms.

Economic Empowerment

Capacity Building

Jigger-infected people are often isolated, stigmatised and neglected. After treating and empowering them, Ahadi Kenya Trust helps rehabilitate and re-integrate them to the community. We take the initiative in bringing them together to form useful groups and/or SACCOs. They are trained on how to invest and start new programmes with the funds derived from livelihood projects. Ahadi Kenya Trust also helps in taking pupils who had dropped out due to jiggers back to school. Ahadi Kenya Trust, with partners, has also helped in building decent homes and sanitation facilities.



A house constructed for a needy family.

Democracy and Governance



Recovered jigger victims displaying their voter cards during a voter registration exercise.

Severe jigger infestation causes disability. Most people who were disabled by jiggers had been denied their basic civil rights e.g. voting. Ahadi Kenya Trust launched a civic education guide on how such survivors can participate in the governance of the country by engaging in the electoral process and vying for elective positions. We have also been motivating them to register as voters. Hundreds of thousands of jigger victims had not been exercising their democratic rights. This year, the majority of those who have recovered will be able to vote for their preferred leaders.

Partnerships



Corporate partners marching during the jigger staircase relay to lobby the Government for a policy.

Ahadi Kenya Trust has created partnerships with government bodies, county governments, NGOs, organised groups, corporate and individuals. The different roles they play have enabled us to achieve our objectives over the last 10 years. Their contributions include provision of medical/fumigation materials, shoes, food and other donations, both in cash and kind including volunteering.

National Policy and Jigger awareness Day

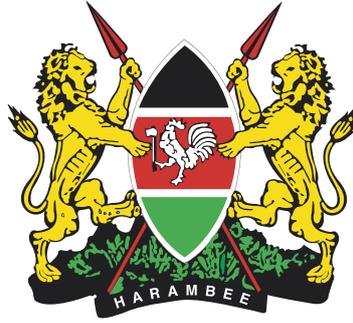


The 1st Lady of Kenya, H.E. Margaret Kenyatta, CS for Health Mr James Macharia, and Ahadi Kenya Trust CEO during the launch of the policy and jigger awareness day.

From inception, Ahadi Kenya Trust lobbied the government for a policy to guide on tackling the jigger menace in Kenya. In 2015, the government, through the Ministry of Health, launched the National Policy Guidelines on Prevention and Control of Jigger Infestation. At the same time, the government gazetted 3rd March every year as a National Jigger Awareness Day.

NATIONAL JIGGER AWARENESS DAY

3RD MARCH EVERY YEAR



REPUBLIC OF KENYA
MINISTRY OF HEALTH

DIVISION OF
ENVIRONMENTAL
HEALTH

National Policy Guidelines on Prevention and Control of Jigger Infestations

Highlights

- Institutional Roles
- Recommended Jigger Prevention and Control Measures
- Guide for Regulation of Vector and Vermin Control Operators
- Guidelines for Equipment and Chemicals
- Guidelines for Licensing of Vector and Vermin Control Operators
- Health and Safety Considerations in Pesticide Use
- Tungiasis Treatment and Care
- Conclusions
- Policy Recommendations

Our Awards

- **Recognition Award - Beyond Zero - 2019**
(Recognized for our contribution towards maternal health in Kenya)
- **WIB Impact Award, Women in Business - 2019**
(Awarded for impacting on women in Business in Kenya)
- **African Community Service Award 2019 Voice Achievers Award - 2019**
(Recognized for Immense Contribution and Impact in Transforming the Communities Around us)
- **Honorary Fellowship of IAR- Institute of African Royals & UN Women - 2018**
(Recognized for Empowering Women in Rural Africa)
- **Community Policing Award- Ministry of Interior and Coordination of National Government**
(Recognized for our efforts In Community Policing and Development)
- **Public Health Award, Ministry of Health - 2015**
(Recognized for our effort towards Jiggers Eradication in Kenya)
- **Talent Ambassador for East and Central Africa - ICIE - 2014**
(Recognized for Commitment, Innovative, Practical and Passion for Community Development)
- **Honorary Rotarian, Kikuyu Rotary Club - 2014**
(Recognized for volunteering in community service)
- **London Olympics torch bearers - 2012**
(Recognized for our community service and selected as Olympic Touch Bearers in London)
- **Children's Rights Media Awards - 2011**
(Recognized for Protecting the Rights of Children in Kenya)
- **Marketing Society of Kenya Warrior Award (MSK) - 2011**
(Recognized for Championing Anti-Jigger Campaign in East Africa through Social Marketing)
- **Millennium Developments Goals Awards (MDGs) - 2011**
(Recognized for Outstanding Contribution towards Achieving The Millennium Development Goals 2015)
- **African International Achievers Awards (AFIA) - 2011**
(Recognized for reducing Child Mortality, improving Sanitation and General Health in Kenya)
- **Ambassador for Peace Award - Universal Peace Federation - 2011**
(Recognized for creating peace through provision of good health)
- **Beauty with a Purpose, Miss World - 2010**
(Recognized for using beauty to impact on Kenyan people)
- **Volunteer Involving Organization of the Year Award (VOYA) - 2010**
(Recognized for Involving Volunteers in community service in East Africa)
- **Volunteer of The Year (VSO) - 2010**
(Recognized for volunteering in the anti-jigger campaign)
- **Head of State Commendation (HSC) - President of the Republic of Kenya - 2009**
(Recognized for community service in Kenya)
- **Pure and Nature Award - BIDCO - 2009**
(Recognized for leading young people to serve the community)
- **Distinguish Service Award (JKUAT Alumni) - 2009**
(Recognized as an alumni contributing to the welfare of the society in Kenya)
- **Honorable degree of Doctor of Philosophy in humanities, Universal University - 2009**
(Recognized for service to humanities in Africa)
- **Humanitarian of the year award, Laico Regency - 2009**
(Recognized for our efforts to eradicate jiggers in Kenya)
- **Global leadership and management Award (USAID) - 2009**
(Recognized for good leadership and management skills in eradicating jiggers)
- **Woswa Young Achievers Award (WOSWA) - 2009**
(Recognized for been young and impacting on the lives of communities in Kenya)





Your support is a gift generously given, happily accepted and deeply appreciated by all beneficiaries of the Anti-jigger campaign.

I would like to thank all Ahadi Kenya Trust staff, social workers, volunteers and interns from all our offices for your hard work, dedication and selfless devotion.

My sincere appreciation to all our volunteers, well wishers and friends of the anti-jigger campaign, you gave generously.

To our esteemed partners, we recognize and appreciate your giving and support.

Cecilia Murangi

Miss World Kenya 2005
Anti-jigger Campaign Ambassador - Ahadi Kenya Trust

Thank you for your support;

Administration Police
Alive and Kicking
All 47 County Government's
Amadeus Group
Ashleys
Athletics Kenya
BAKE
Beyond Zero
Bidco
Blue Sun Africa Ltd
Canon
CITI Group
CMC Motors
Coca-cola Kenya
Compuera
Consolidated Bank
Digital Divide Data
DiMaye Media
EABL
Eco Bank Kenya
Excloosive
Family Bank
Fanisi Company Ltd
Fast Energy
First Ladies 47 County Governments
Ford Foundation
Fountain Media
G4S
Gaspo Women Football club
Getrude Childrens Hospital
Gulf Energy
Haco Industries (K) Ltd
House of Manji
HP Kenya
IMG
Imarika Foundation
Interconsumer Products Ltd
Inua Dada Initiative
Jaguar Youth Empowerment Foundation
Jamii Bora Bank
Jipsy Contractors

Jordia Enterprises
Joywo Organization
KASNEB
KCA University
KCB Foundation
Kenafric Industries
KenGen
Kenol/Kobil
Kenya Airways
Kenya Alliance Insurance Co. Ltd
Kenya Broadcasting Corporation
Kenya Charity Sweepstake
Kenya Dairy Board
Kenya Orient
Kenya Ports Authority
Kenya RedCross
KICC
Kikuyu District Citizen Initiative
Kirawa Road Primary School
KWAL
Laico Regency
Liverpool VCT
Liztan Enterprises
Lotto Foundation
Lydia Mochache Foundation
Maasai Trends
Magnate Ventures Ltd
Mama Sarah Obama Foundation
Media Max Ltd
Ministry of Education
Ministry of Health
Mt Kenya University
Mumias Sugar
Nairobi Womens Hospital
Nakumatt Holdings Limited
Nation Media Group
National Construction Authority
NIC Bank
NSSF Kenya
Off The Wall
Pamat Foods
Parapet Cleaning Ltd
Philips East Africa

Posta Kenya
Proctor & Allan
Radborne Clark
Radio Africa
Rafiki Microfinance
Raha Kids
Real Insurance Ltd
Resolution Health
Rhino Special Products
Rotary Club of Kenya
Royal Media Group
Safaricom Foundation
Samsung Kenya
Sanlam Group
SAP Group
Sarova Hotels
Sasini Tea
Scan Group
Sidian Bank
SMEP Microfinance
SOS Children's Village
SouthWest Airlines
Spero Africa
SportPesa
St. Mary's School Nairobi
Standard Media Group
Sunny Money
Telkom
The Convention Place
The Kenyatta Trust Foundation
The Nairobi Water Company
The Nairobi Womens Hospital
Therapies for kids
Three Cube
Tile and Carpet Center
TOMS
Uniliver
Valentine Cake House
World Vision
Wrigleys Kenya
World Wide Fund



Usafi Bora-Zuia Funza

FUKUZA
FUNZA
NA
KIATU



DIGNITY
PACKO

CHAKULA KWA WOTE



POVERTY
ERADICATION

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Follow us on @ahadikenyatrust on facebook, twitter, google+, Instagram, YouTube

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ORESHA
MACHO

EMPOWERING OUR
COMMUNITIES TO READ

You helped remove a jigger!

Our children are going to school and enjoying their education just like their friends. Their feet and hands are now recovered from jiggers, they are able to walk, write and concentrate in school. Their stigma has gone down and their self esteem has improved. They can now play and mix freely with other children as they are in good health. Their performance has now improved in school. As their parents, we are now engaging in livestock and agricultural farming and can now afford to buy our children proper sanitation equipment, medicine, shoes and learning materials. We are also able to access medical care and give birth in dignity. We can now also exercise our democratic rights freely.

You helped Us!



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